



gameface

Socioussports has teamed up with Gameface, the bespoke sportswear manufacturer.

For quotes on team kits please contact their sales team on

01953 606222

sales@gamefacesport.com

Quote SOCIIOUS RUGBY to receive your 10% Discount

www.gamefacesport.com

Details of adult responsible for booking

Form fields for adult details: First name, Surname, Address, Postcode, Telephone number, Mobile number, Email address.

Details of child attending course

Form fields for child details: First name, Surname, D.O.B, Medical details, Male/Female, Camp Venue, Camp Date.

Payment Details

Form fields for payment: Card Type, Card Number, Expiry date, Signature, Date, £30 Deposit, £125 Full Payment.

If you would like to pay by cheque please make payable to Socioussports and send to the address below.

How did you hear about the camps?

Form fields for source: School, Club, Tournament, Other.

Please return to: Socioussports, Lower Ground Floor Suite, New Barnes Mill, Cottonmill Lane, St Albans, Herts, AL1 2HA

Booking Conditions

To book your place please visit www.socioussports.com. Alternatively you can fill out the attached form and return it to the address provided.

- 1. Registration (payment) is deemed as acceptance of these booking conditions and will be confirmed either by letter or email as specified during registration.
2. Socioussports do not accept liability for any personal injury or death of any attendee...
3. Socioussports cannot accept any liability for loss, theft or damage of any personal belongings at the camp.
4. If you need to cancel your booking you must inform Socioussports as soon as possible...
5. If paying a deposit the balance must be paid no later than the 1st May or your child's place on the camp may be at risk.
6. Socioussports will not tolerate unruly behaviour from any attendee...
7. Where coaches/parents/relatives attend the camp in a spectator capacity they agree to behave responsibly...
8. Socioussports reserves the right to cancel a camp at any time...
9. Socioussports reserves the right to use any photographs/video taken of your child during the camp...
10. No person will receive medical attention from trained professionals in the event of an accident.
11. Playing sports at any level carries an inherent risk of physical injury...
12. By registering to take part in a Socioussports summer camp attendees are voluntarily assuming the risk of injury and agree that Socioussports are in no way liable in the event of such an injury occurring.

Rugby Union

SOCIIOUS Sports

EXPERT COACHING FROM THE LEADING SPORTING NATIONS



info@socioussports.com www.socioussports.com 01727 817191

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Venues and Dates

Table with columns: Venue, Date (Week Commencing), County. Lists various venues across the UK with their respective dates and counties.



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## Coach Information

We recruit all of our top quality rugby coaches from the Southern Hemisphere. Many of our coaches from previous years will be returning, in some cases for their fourth summer with us and with lots more new names coming on board we are certain our 2009 programme will be a great success. Our coaches gallery has previously included such talent as Peter Schuster (Samoan national team head coach/manager), Ian Doust (All Black under 19 trainer), Sirelli Bulicokocoko (Fijian 7's coach during their Hong Kong win of 2005) and John Akurangi (Leicester Tigers & Stade Francais forward). Each of our courses is headed up by a coach with a similar level of experience as these professionals and brings with them their nations own distinct philosophy and approach to the game. To meet some of the coaches that will be coming to the UK for the summer of 2009 please visit the COACHES section of our website. This will be updated regularly as more coaches confirm their availability so check back often.

All of our coaches are CRB (police record) checked in their own country before coming to the UK and upon arrival they also attend a Child Protection workshop run by Sports Coach UK. Each coach also attends a Sports First Aid course during our induction weekend to ensure the safety and care of your children.

If you have any questions about any of our coaches please feel free to contact us at any time.



## Course Information

A Socius Sports Rugby Course gives your child the opportunity to be taught by some of the best Rugby Union coaches the Southern Hemisphere has to offer. It's an experience that can inspire & influence them throughout their sporting lives.

Each day is divided into short lessons to keep each participant focussed and progressing through the lessons as quickly and effectively as possible. There are lots of short breaks built into each day giving players the opportunity to quiz their coach on any aspect of the coaching with Q&A sessions to ensure each skill is fully understood, not just the practise but the theory behind the lesson too.

Each player attending the course will receive their own Socius Sports All Element training ball, sports bag and gift pack.

In addition to this, each camp that has a Kiwi coach will be given the opportunity to learn the NZ Haka (some Aussies also teach their version of the Haka - (Where's Me Wallet?) - a performance of which will be given on the Friday afternoon at the end of the course.

### Your Club

If you think your club could benefit from a weeks worth of summer coaching from our team of first class professionals please get in touch with us on 01727 817191.

We are always looking for friendly community clubs to play host to our guys during the summer. It's a great week for everyone involved with a free coaching session for your 1st XV or Club Coaches thrown in.

## Host A Coach

Hosting one of our coaches is proving to be a very popular aspect of the Socius Sports experience. Not only does your child get to enjoy a full week of outstanding rugby coaching they also have the opportunity to really get to know their coach. Many of our hosts from previous years have become firm friends with the coaches they hosted and continue to keep in touch after they go back down under.



### Key points to hosting a coach

- \* A friendly family environment to welcome the coach
- \* Hosting a coach = one child's fee refunded
- \* Hosting is a Sunday to Sunday requirement
- \* Coach must have their own room
- \* Coach will need breakfast, a packed lunch and dinner

### A typical day

9.30 - 10.00  
Warm up, ball handling games & drills.

10.00 - 10.15  
Short game

10.15 - 11.00  
Introduction to tackling

11.00 - 11.10  
Water break

11.10 - 11.45  
Tackling, body positioning, receiving a tackle

11.45 - 11.50  
Short break, any questions

11.50 - 12.15  
Tackle activities/drills

12.15 - 12.30  
Short sided game

12.30 - 1.00  
Lunch

1.00 - 1.10  
Warm up activities.

1.10 - 1.45  
Tackle. Front, rear and side tackle etc.

1.45 - 2.00  
Introduction to the Haka.

2.00 - 2.30  
Rugby games (bullrush)

2.30 - 2.40  
Water break.

2.40 - 3.00  
Full game of rugby

3.00 - 3.15  
Warm down & chat.

### Course Details

Monday – Friday  
9.30 am – 3.15 pm

£125 (inc VAT & insurance)

Open to 6 – 16 year olds

### Skills and Drills

Tackling - technique, point of contact

Ball into contact - body position, power step

Ruck and Maul - ruck sequences, cleanouts

Passing - technique, receiving a pass

Nutrition advice, importance of fitness, teamwork, game sense and much much more.....

